

2011-2012 ☆ Dance ☆ Twirl ☆ Cheer ☆ Gymnastics

Class	Age	Experience	Day & Time
Aerial Silks (non-recital)	7 & up	None	T 4:30-5:30, T 5:30-6:30, W 5-6
Aerial Silks (non-recital)	10 & up	None	M 7-8
Baby Ballet	2-3	None	T 10:30-11, W 10:30-11
Baby Ballet	2-3	None	M 4:30-5, T 5:15-5:45, T 6:30-7, W 6-6:30
Ballet/Tap	3-5	None	T 11-12, W 6:30-7:15
Ballet/Tap/Acro	3-5	None	M 6-7, W 5-6, Th 6-7
Ballet/Tap/Baton	3-5	None	M 4:30-5:30, T 4-5
Ballet/Jazz/Tap	5-7	None	Th 5:30-6:30
Ballet I	5-7	None	M 4:15-5, T 2:15-3, T 5:45-6:30
Ballet II	8-11	None	T 6:30-7:30
Ballet III/IV		Evaluation	M 5-6
Ballet Int		Evaluation	M 7-7:45, Th 7:30-8:30 <i>(Both days required)</i>
Ballet Teen/Adult	12 & up	None	W 7:15-8
Ballet Jr. Company		Audition	Th 6:30-7:30
Baton I	5 & up	None/1 year	T 6:30-7, W 5-5:30
Baton/Gymnastics	5-8	None	T 6:30-7:30
Baton Team (VM Xpress)		Audition	T 5-5:30, T 5:30-6:30
Cheer/Tumble	3-5	None	Th 4:45-5:30
Cheer/Tumble	4-6	None	Th 5:30-6:30
Cheer/Pom	7-13	None/1 year	Th 6:30-7:30
Contemporary	10 & up	None	M 6:15-7
Drill/Leaps/Turns (non-recital)	12 & up	None	W 6:15-7:15
Gymstars (mommy & me)	1.5-3	None	T 4:30-5
Gymstars (non-recital)	3-5	None	M 6-6:45, T 2:15-3
Gymstars (non-recital)	5-8	None	T 7-7:30
Hip-Hop	7-11	None/1 year	T 6:30-7:30
Hip-Hop	12 & up	None/1 year	T 7:30-8:30
Hip-Hop/Jazz	6-9	None	T 5:45-6:30
Jazz I	6-11	None	W 4:15-5
Jazz Teen/Adult	12 & up	None/1 year	M 7:45-8:30
Pilates (non-recital)	Adult	None	F 9:15-10 <i>(\$40/month)</i>
Pointe		Evaluation	Th 8:30-9
Taekwon-Do (non-recital)	7 & up	None	M 6-7, W 5-6, Sat 10-12 <i>(\$45/month)</i>
Tap I	5-8	None	M 5-5:30
Tap II	9 & up	None	M 5:30-6
Tap Beg (non-recital)	Adult	None	W 11-11:30
Tumble Beg (non-recital)	8 & up	None	Th 7:30-8:30
Tumble Int (non-recital)		Evaluation	W 4-5

Schedule subject to change. Each class must have a minimum of 6 students.

Class age calculated as of August 29, 2011. Revised as of 10/21/11.